

1st Course on Home Respiratory Care
Indications for Physiotherapy intervention

28, 29 e 30 of April 2006

Estoril, Portugal

Organization

Cardio-Respiratory Group of the Portuguese Physiotherapy Association

Scientific support:

Portuguese Pulmonology Society
European Respiratory Care Association (ERCA)

Program

28 Abril – Friday

13:30H – 14:00H – Opening session

14:00H – 15:20H | Hospital Discharge planing of the ventilator dependent patient:
preparing the home care program - **Patrick Léger**

15:20H – 16:00H | Home Respiratory Care intervention: experience of the Pulido
Valente Hospital - **Manuela Zamith**

16:00H – 16:20H | Coffee break

16:20H – 18:00H | Indications for Home Respiratory Care for the adult patient
João Carlos Winck

18:00H – 19:00H | Indications for Home Respiratory Care for the peadiatric patient
Inês Azevedo

29 de Abril - Saturday

9:00H – 9:40H | Physiotherapist profile for Home Respiratory Care - **João Leitão**

9:40H – 10:40H | Physicological and social aspects of the chronic respiratory patient
Lurdes Borges

10:40H – 11:00H | Role of Physiotherapist in the Home Respiratory Care company
Daniel Costa

11:00H – 11:20H | Coffee Break

11:20H – 13:00H | Respiratory evaluation and monitoring of the home respiratory patient

João Leitão, Miguel Gonçalves, Paulo Abreu

13:00H – 14:00H | Lunch

14:00H – 16:00H | Home mechanical ventilation: Indications, protocols, evidence of results and practical aspects (interfaces, ventilator modes, tubing and accessories)

João Carlos Winck, Susan Sortor Léger

16:00H – 16:20H | Coffee break

16:20H – 17:00H | Aerosoltherapy in Home Care Program: indications and practical aspects- **Teresa Seguro**

17:00H – 17:40H | Home oxygen therapy: indications and practical aspects - **Fátima Rodrigues**

17:40H – 18:40H | Home exercise program for the respiratory patient: Protocols, indications, evaluation and evidence of the results.- **Luísa Morais, Fátima Rodrigues**

30 de Abril - Sunday

9:00H – 10:00H | Manual and instrumental techniques for airway clearance in adults and children: Indications and protocols adapted to home care. – **Paulo Abreu, João Leitão, Miguel Gonçalves**

10:00H – 10:40H | Mechanical techniques for airway clearance and secretion management in adults and children: Indications and protocols adapted to home care. –**Miguel Gonçalves**

10:40H – 11:00H | Coffee break

11:00H – 11:50H | Practical Workshop – Manual and instrumental techniques for airway clearance – technical aspects and practice **Paulo Abreu, João Leitão**

Practical Workshop – Mechanical techniques (*Cough Assist*TM e *Percussionaire*TM) for airway clearance and secretion management; Noninvasive mechanical ventilation – technical aspects and practice.

Miguel Gonçalves

12:40H – 13:20H | Evaluation of the participants : Written Exame.